



From *the* Heart

OFFERING HOPE & HEALING

VOLUME 12 ISSUE 2

NEWS FROM THE CLINIC

The clinic was chosen as one of 10 recipients nationally for the **American Medical Association's Nutrition Grant**. The clinic was also chosen as one of 19 organizations to receive Project Diabetes funding from the State of Tennessee.

Faith Family held the annual **Volunteer Appreciation Luncheon** on April 18th. More than 25 volunteers joined staff at the clinic and enjoyed a thank you lunch.

In continued partnership with **Nashville Songwriters Association International**, the Bluebird Café hosted a songwriter night on May 17th and August 16th to benefit Faith Family, as well as a Tin Pan South show on March 29th. Faith Family continues to serve working musicians without health insurance in the Nashville area.

The Journey to Health program now offers **Smoking Cessation classes** and **Weight Watchers meetings**. Additionally, a monthly speaker series will feature talks on various health topics.

Faith Family Medical Clinic's Young Professionals group held a mixer at Sambuca on June 6th. The group welcomes any young person in the Nashville area interested in raising awareness or helping with fundraising for the clinic.



Join our monthly giving campaign! Giving \$10 a month is easy, simply sign up online at www.FaithMedical.org

Meet Our Patient: Barbara Adams

Barbara Adams has a long family history of deadly heart disease; her brother suffered a major heart attack at 42, and her mother died at 57 from a heart attack. Barbara was aware of her dangerous family history, but when her husband passed away in 2005, she had no way of receiving medical care. She had previously



relied on her husband's insurance and

had been a home maker her whole life. Following his death Barbara found work in a retail setting, but insurance was not offered by her employer. She went without medical care until an aunt told her about Faith Family.

Barbara made her first appointment and saw a Faith Family Medical Clinic staff Physician Assistant, Carolyn Pratt. During the routine clinical exam, Barbara noticed Carolyn taking her blood pressure several times. When Barbara asked, Carolyn explained that her blood pressure was close to 200/100, a dangerously high level. Carolyn then listened to Barbara's arteries, and immediately ordered additional tests. *continued on page 3 >*

Save the Date!

Birthday Breakfast - Wednesday, November 14

Faith Family's 4th annual Birthday Breakfast at Woodmont Christian Church is scheduled for Wednesday, November 14 from 7:30 to 8:45 a.m. The breakfast is the organization's biggest fundraiser of the year, and will feature keynote speaker Mayor Karl Dean.

Faith Family is pleased to announce the three honorees at this upcoming event:

- Raymond S. Martin, III, M.D.
- Dr. & Mrs. Wills Oglesby
- Dorsey Tynes

Please join us at this year's breakfast, chaired by Catherine Duffy, CNO at TriStar Centennial Medical Center, and Michelle and Micki Slingerland, COO at TriStar Centennial Medical Center. We encourage you to bring a friend! RSVP to Kelly O'Connor at (615) 649-3032 or KOconnor@FaithMedical.org



Dr. Thomas Henderson
Medical Director

Laura Hobson
President

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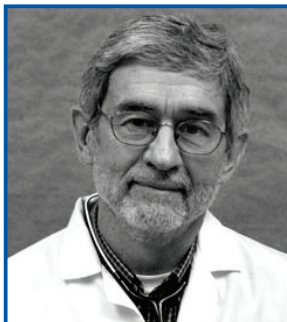
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FAITH FAMILY MISSION

We seek to follow the commitment of people of faith to provide hope and medical care for the working uninsured by meeting their physical, emotional and spiritual needs.



Dear Friends,

Another busy fall and holiday season will soon be upon us, and before the activity begins, we think it's important to take a step back and say thank you to those who have stayed faithfully by our side, giving to us over the years on so many different levels. The dictionary defines the word gift as "a notable capacity, talent, or endowment." Your gifts have breathed life into Faith Family, and it is the act of giving that has allowed this ministry to continue to grow and serve our neighbors in need.

In this issue, you'll read about the many ways to give to Faith Family, including ways others in the community have given to the clinic, and even patients that have chosen to give back to the clinic. Each day our providers and staff give their energy, time and hearts to help make Faith Family possible. Patients give their trust, their stories and

many times, donations themselves. Faith Family strives to give patients the gift of health and well being. Our donors and volunteers give selflessly day in and day out, making the vision a reality. We say thank you for your giving hearts, and ask you to consider other ways in which to give. Whether it be small or large, time or money, the simple act of giving improves so many lives.

Although healthcare reform is an ongoing debate in our nation, we're confident that no matter what legislative outcomes emerge, there will always be a healthcare gap to fill for our neighbors in need. Thank you again for your support, we look forward to another upcoming season of celebration.

Warm Regards,

Dr. Tom Henderson
Medical Director

Laura Hobson
President

Planned Giving

We encourage you to consider making a lasting impact for our patients for many years to come through a planned gift. This important part of estate planning often allows for income, gift and estate tax savings, while ensuring the future financial security of Faith Family. Gifts can be as simple as including Faith Family Medical Clinic in a will, or naming Faith Family Medical Clinic as a partial or full beneficiary of an IRA, life insurance policy, or pension. Additional planned gifts include gifts of assets, including stocks, bonds, real estate and CDs. Whatever the planned gift, the importance lies in including the clinic in your planning now, to ensure a legacy for years to come. To advise us of your planned gift or for further information, please contact Laura Hobson, President, Faith Family Medical Clinic, 326 21st Ave. North, Nashville, TN 37203 Phone: (615) 649-3030.

Christmas Enclosure Cards

We are pleased to announce our new Christmas Enclosure Cards. Simply place an enclosure card into your Christmas card to let someone know a gift has been made in their honor. The cards come in packs of 6 for \$50 and make an excellent, easy gift for anyone on your list. To order, please call or email Lily Duncan at (615) 649-3031 or LDuncan@FaithMedical.org (size 3.25 x 4.5")



Montgomery Bell Academy Bake Sale

Montgomery Bell Academy's 8th Grade class presented Dr. Tom Henderson, Medical Director of Faith Family Medical Clinic with proceeds from a Bake Sale held to raise funds for the clinic. Student David Gaw (grandson of Faith Family Medical Clinic founder Dr. David Gaw) organized the endeavor, and helped his classmates raise over \$500 for the clinic. Dr. Henderson and David are pictured to the right.



Garden Dedication

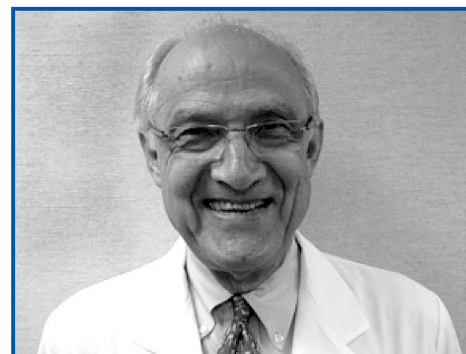
Faith Family was a recipient of funding from The Garden Club of Nashville for a beautification project. The funding was used to install a garden on the front lawn of the clinic, greatly improving the appearance of the clinic for patients and visitors. On May 17th, the Garden Club members joined Faith Family staff for an official garden dedication ceremony. Pictured left to right are: Katie Regan, Laura Hobson, Cayce McAlister, Dr. Henderson, Julia Jarman and Lisa Campbell.



Dr. John W. Lamb

One of Faith Family's founders and volunteers, Dr. John Lamb, received the *Nashville Business Journal's* Healthcare Heroes Lifetime Achievement Award. The Lifetime Achievement award is given to one individual in Nashville annually.

Dr. Lamb has spent over 40 years treating numerous patients throughout his career as an orthopedic surgeon. In 2001, he co-founded Faith Family Medical Clinic and has played a key role in treating our patients. He is a lifetime member of Faith Family's Board of Directors and was a volunteer specialist for 10 years.



Meet Our Patient, *continued from page 1*

After the test results came back, it was clear that Barbara had a very serious condition that required immediate attention. The main artery in her heart was 99% blocked, which was the very same condition known as the "widow maker" that caused the death of her mother. Ms. Pratt made arrangements for Barbara to see a cardiologist and vascular surgeon who would perform the surgery at little charge. In January Barbara received 2 stents in her abdominal aorta, and in February she received an additional 7 stents in her heart.

Barbara says she is alive today because of the grace of God and Faith Family Medical Clinic. "Everyone at Faith Family is so sweet and knowledgeable," she explains, "I have had no fear through any of this."

Patient Donations - Generosity Abounds

“Faith Family has helped change and save my life. I would be lost without the support of the kind, caring, and professional staff of FFMC. I can never thank you enough.”

John, FFMC patient

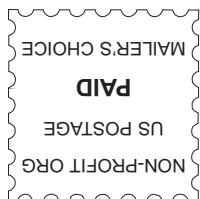
Each year, Faith Family Medical Clinic receives donations from the very patients we serve. These gifts are often humbling, and speak to the character of the many individuals that walk through our doors each day. An individual may be struggling financially and unable to afford health insurance, but still willing to donate in order to help others like themselves. This powerful gesture reinforces the mission of Faith Family, and paints a picture of the impact our services have on the patients we treat.

Since the clinic's opening in October 2001, Faith Family patients have given the clinic \$72,127. The donations come steadily throughout the year, ranging in amount from \$1 to \$3,000. Often a donation will come with a note of appreciation, other times a gift may be in the form of cash, a few dollars spared while a patient checks out and pays their bill. Faith Family never expects patients to donate, but the generosity says volumes about the level of appreciation our patients have for the services they receive.

VOLUNTEER OPPORTUNITIES

Contact Lily Duncan at (615) 649-3031 or lduncan@faithmedical.org

WISH LIST Please help us reduce operating costs by donating: children's band-aids, office supplies, and paper products. Contact Sheree Keith at (615) 341-0808 or skeith@faithmedical.org to arrange your donation.



Faith Family Medical Clinic
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Nashville, TN 37203
www.faitthmedical.org

