

NEWS FROM THE CENTER

The results are in! Faith Family Medical Center has been named a winner for the Nashville Business Journal's 2015 **Best Places to Work!!!** This award will be given at a luncheon on April 17th. "We are extremely honored to receive this wonderful tribute," said Laura Hobson, President of Faith Family Medical Center. "Our staff is **THE BEST** and we are delighted that they are being recognized in this way. Faith Family is a very special place to work and we feel fortunate to work together to care for our neighbors in need."

Faith Family Medical Center's **Director of Operations Joshua Southards won a scholarship from the Healthcare Council to attend the Leadership Healthcare Washington, DC Delegation in March.** This offered Joshua an exclusive opportunity to hear from members of Congress, administration officials, Capitol Hill staff, and national thought leaders on key healthcare policy issues, federal healthcare spending priorities, and reform implementation.

On October 25, 2014 Faith Family Medical Center participated in the St. Thomas Medical Mission's "Day of Hope, Healing, & Health." Approximately 1000 people were in attendance and received services such as medical care, dental care, behavioral health, and spiritual care at no cost.

November 18th was MusiCares day at Faith Family. This is a day we set aside twice a year to see musicians through the MusiCares program. Faith Family has 165 MusiCares patients in total.

PATIENT STORY: SERGIO



Sergio, FFMC patient, with Journey to Health Director Jay Sexton and Faith Family Medical Center employee Micaela Orozco at the Mayor's 5K Walk.

After suffering a significant stroke in August 2014, Sergio Martinez turned to Faith Family Medical Center for follow-up care and physical therapy. Sergio, who works as a cook in Nashville, does not have insurance through his employer and cannot afford insurance on his own.

"I had a stroke and my family was having a hard time finding a physical therapist, because we don't have insurance and they are so expensive."

Journey to Health Director Jay Sexton worked with Sergio to get him back on his feet. Through physical therapy sessions and participation in the Journey to Health Wellness Program, Jay was able to help Sergio regain balance and walk on his own. The transformation was dramatic. In November 2014, Sergio and his family participated in the Mayor's 5K Walk just four months post stroke.

"I am so grateful that I was able to come to Faith Family for my care."

Sergio also credits Faith Family Medical Center employee Micaela Orozco for helping him recover so quickly. Sergio does not speak English, which is not a problem at Faith Family Medical Center due to bilingual staff members like Micaela. She worked with Jay and Sergio throughout his treatment. She translated during physical therapy sessions and even participated with him in the Mayor's 5K Walk.

"Not only was I able to afford treatment, but Jay and Micaela were great motivators, who pushed me to work hard to get better."

This is just one example of the profound impact Faith Family Medical Center and Journey to Health have on our patients. Thanks to the generous support from Blue Cross Blue Shield, United Way of Middle Tennessee, and other donors, we will continue to improve and offer our services to our hardworking neighbors in need.



FAITH FAMILY MEDICAL CENTER

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President

Dr. Parker Panovec
Medical Director

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DEAR FRIENDS,

2014 was an interesting and wonderful year for Faith Family Medical Center. To you, our faithful donors and friends, thank you for your generous support. Our 2014 fundraising goal set an all-time record. We experienced growth not only in dollars raised, but also in total number of gifts, donors and new donors. Grants and gifts from foundations increased significantly, and the annual Breakfast saw a record number of attendees whose contributions exceeded all expectations.

The ever-changing health care environment presented us with unique challenges last year. As a result of implementation of the Affordable Care Act (ACA), and through a partnership with Family

and Children's Service, Faith Family again offered the services of a Health Assist Specialist during the enrollment periods to help our patients navigate the application process. Although some of our patients qualified and enrolled, many either did not qualify or could not afford the premiums/and or deductible payments.

During this time of unprecedented change, all Middle Tennesseans must share in the responsibility of solving the healthcare problem for our neighbors in need. Faith Family Medical Center remains steadfast in its mission to provide quality primary care for these individuals.

We are blessed to be part of an organization that always puts the needs of its patients first, and faithfully follows the direction in which He leads us. We look forward to a rewarding 2015 at Faith Family Medical Center, and truly value your support and vote of confidence.

Gratefully,

Laura Hobson
President

Parker Panovec, MD
Medical Director

Planned Giving

FAITH FAMILY MEDICAL CENTER LEGACY SOCIETY

We encourage you to consider making a lasting impact for our patients through a planned gift or bequest. For further information regarding including Faith Family Medical Center in your estate planning, please contact Susan Hammer, Director of Development, Faith Family Medical Center at 615-649-3032.

FAITH FAMILY MISSION

We seek to follow the commitment of people of faith to provide hope and medical care for the working uninsured and their families by meeting their physical, emotional and spiritual needs.

United Way & Community Health Charities

Do you give through United Way or Community Health Charities? Designate your gift to Faith Family by using code #3460 when you make your United Way donation and by using code #52618 when you make your CHC donation.

EVENTS

MORE THAN \$185,000 RAISED FOR FPMC AT THE 2014 BIRTHDAY BREAKFAST

More than 475 people attended the 2014 6th Annual Birthday Breakfast held on November 5, 2014 at Woodmont Christian Church and raised over \$185,000 for Faith Family Medical Center. In attendance were honorees Jean and Robert Ramsey, Calvin Johnson, MD, and representatives from United Surgical Partners International. The breakfast featured Keynote Speaker Cal Tuner, Jr., and a musical performance from Parker Blue.

Faith Family Medical Center would not be able to provide medical care to uninsured working middle Tennessee individuals and families without the support of the community. Faith Family Medical Center is grateful for the outpouring of support at the breakfast and the continued support through donations.



Miles Ezell and Cal Turner, Jr.



Parker Panovec, MD, Laura Hobson,
and Bill & Sallie Norton



Bob Alford, MD, Calvin Johnson, MD,
Inga Johnson, and Marceleen Alford



John Liebhart, Jean Ramsey,
Mary Ramsey, and Robert Ramsey

SOLD OUT CROWD FOR 2015 LOVENOTES

On Valentine's Day a sold out crowd of more than 125 people gathered at the ASCAP Building on Music Row to listen to Grammy Award Winner Singer/Songwriter Mike Reid. All proceeds from this event benefit Faith Family Medical Center. Chairs Barbara and Fred Fisher along with Honorary Chairs Nancy and Wayland Holyfield did an outstanding job.



Mike Reid



Fred & Barbara Fisher (Chairs),
Nancy & Wayland Holyfield (Honorary Chairs)

A NEW DONOR EVENT WHERE ANYTHING GOES!



On April 25th a committee chaired by Rick Hart, Karly Hart, and Whitney Schickling will host a new event called **Anything Goes** to benefit Faith Family Medical Center. **Anything Goes** is a themed table event where groups choose a theme for their table and dress the part. Dinner, cocktails, and dancing to Familiar Faces will round out the evening.

Committee members include Shelly Bearden, Margie and Bert Dale, Amanda Hardin, Kim and Jimmy Holbrook, Ted Limmer, Catherine Martin, Heather Mathias, Whitney Musser, Anna Peebles, Rebecca Rutledge, Colby Weissinger, and Caroline Whittemore.

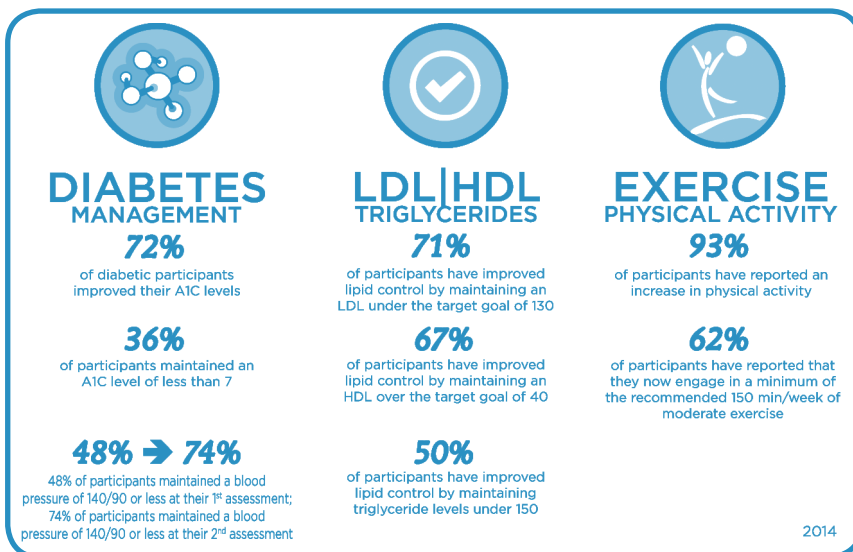
Journey to Health Happenings



The goal of the Journey to Health Program is to improve the overall health of our patients and reduce the risks for chronic diseases. The program is free to Faith Family Medical Center patients and their immediate family or supportive friend. The program gives patients the tools to make good choices and it is working. Results of the program show that patients are utilizing the information learned in the Journey to Health classes and are leading healthier lifestyles.

THROUGH THE JOURNEY TO HEALTH PROGRAM IN 2014, FAITH FAMILY:

- Offered the program to 3,060 patients.
- Served 215 patients through 1,489 encounters.
- Provided 52 retinal eye examinations.
- Conducted 150 one-on-one consultations.
- Conducted 12 nutrition classes.
- Conducted 11 grocery store tours.
- Conducted 12 stress management classes.
- Conducted four Diabetes Days.



DIABETES DAYS

In 2014, FPMC provided one day each quarter where our diabetic patients could come free of charge to receive a physical exam, a dental screening by a volunteer hygienist from Interfaith Dental Clinic, a foot exam by a volunteer podiatrist, an overall wellness assessment, medication management and disbursement, and nutritional counseling by a volunteer dietician. The past two 2014 Diabetes Days also included an eye exam by a volunteer ophthalmologist, which led to the donation of a slit lamp (eye examination equipment.) The next Diabetes Day is scheduled for March 31, 2015.

Thank you Melba and Bill Blevins for your generous support of 2015 Diabetes Days.

HYPERTENSION DAYS

In addition to four Diabetes Days in 2015, Faith Family Medical Center will host three Hypertension Days where similar services will be offered all in one day to our patients with hypertension and hyperlipidemia.

The first Hypertension day took place on February 25, 2015. Seventeen patients were able to rotate through several stations including a provider visit, a medical reconciliation meeting, an oral exam, blood work, nutrition counseling, and a wellness assessment. Nine of these patients signed up for the next Journey to Health class, which will begin next week.

GARDEN UPDATE

On March 25th, Faith Family will host a Spring Planting and Gardening 101 event. Patients are invited to learn from and plant vegetables with Matt Kerske from Gardens of Babylon. We will also have a group of HCA volunteers here to prepare the garden and assist in planting.



When the Affordable Care Act was passed in 2010, it required states to provide Medicaid coverage for adults between 19 and 65 with incomes up to 138% of the federal poverty level. The law also provided premium tax credits and/or subsidies for people with incomes 100%–400% of the federal poverty level to buy private insurance plans in the Marketplace. Together, these provisions were intended to make health insurance accessible to everyone below 400% of federal poverty.



In 2012, the U.S. Supreme Court ruled that Medicaid expansion wasn’t mandatory—each state could decide for itself. Some states haven’t expanded their Medicaid programs, and many adults in those states with incomes below 100% of the federal poverty level (where subsidies start) fall into a gap without access to affordable health insurance. The majority of Faith Family’s patients fall into this gap.

To qualify for TennCare, a person must be a resident of the State of Tennessee and a U.S. citizen or qualified alien. He or she must be either pregnant, a child under age 19, a parent or relative caretaker of a dependent child under age 21, disabled, elderly, or uninsurable. Additionally, this person must also meet the financial eligibility criteria that go with each category. Generally, this person’s financial situation would be characterized as either low income or very low income.

Tennessee has chosen (so far) not to expand Medicaid. TennCare, Tennessee’s Medicaid program, is for low-income people between the ages of 19 and 65 who fall into certain categories. TennCare members are primarily low-income pregnant women, children and individuals who are elderly or have a disability. Having a low income alone does not make individuals Medicaid-eligible in Tennessee.

Governor Haslam announced Insure Tennessee in December as a unique approach to allow 280,000 Tennesseans to access federal Medicaid expansion dollars. He spent 21 months working with the federal government to craft a “third way,” a way for Tennessee to avoid either expanding Medicaid or rejecting the money to do so. He called a special session for the legislature to consider Insure Tennessee beginning February 2nd. After two days of discussion, the special session ended with Insure Tennessee being defeated in its first Committee vote.

It’s unclear whether the General Assembly will consider an alternative to Insure Tennessee this year. The Faith Family Board and leadership are monitoring the developments closely and positioning Faith Family to continue its mission of providing Nashville residents who do not have health insurance with affordable, quality primary care. Regardless of whether Tennessee expands Medicaid, we truly believe that there will continue to be a need for Faith Family’s services.

2015 Government Poverty Guidelines

Household Size	100% of Poverty	125% of Poverty	200% of Poverty	400% of Poverty
1	\$11,770	\$14,713	\$23,540	\$47,080
2	\$15,930	\$19,913	\$31,860	\$63,720
4	\$24,250	\$30,313	\$48,500	\$97,000
For each additional person add	\$4,160	\$5,200	\$8,320	\$16,640

“Every year, the federal government establishes poverty guidelines to determine who is financially eligible for particular programs. The chart above tells you what the yearly income cut-offs are for 2015. These figures change every year around February and are available online at the US Department of Health and Human Services website.”

Source: Federal Register, Vol. 80, No. 14, January 22, 2015 pp. 3236-3237 / Massachusetts Law Reform Institute

TPCA Outstanding Practitioner of the Year - Liz Threlkeld, NP

The Tennessee Primary Care Association has recognized Liz Threlkeld as the Outstanding Practitioner of the Year. The award, “which recognizes a clinical practitioner whose work has demonstrated outstanding leadership, community involvement and dedication to patient care” was presented to Liz at TPCA’s 2014 Annual Leadership Conference.

“The entire FFMC family is proud of Liz. She genuinely cares for her patients and it’s certainly fitting that she be accorded this recognition.” Former Faith Family Medical Director Dr. Tom Henderson said.

Liz has been a dedicated part of the Faith Family Medical Center team since 2003.

“I have loved the mission of the clinic from the beginning. I stay here because we continue to change and improve as the culture of health care changes, without losing sight. I also have the privilege to hear story after story – set anywhere from Nashville to California, South America, or Russia. Our patients give me perspective, and I am reminded of God’s vast love for his children,” Liz said.



Tom Henderson, MD and Liz Threlkeld, FNP



Friends of Faith Family gather at Corsair Distillery.

YOUNG PROFESSIONALS IS NOW FRIENDS OF FAITH FAMILY

Faith Family Medical Center Young Professionals is now Friends of Faith Family. The name has changed, but the mission remains the same. Friends of Faith Family works to increase awareness for the clinic through happy hours and other fun events like baseball games. To learn more about Friends of Faith Family email or call Amy Harper at aharper@faithmedical.org or (615) 649-3031. Check out the Faith Family Medical Center Facebook page for upcoming event details.

CORSAIR DISTILLERY TOUR AND TASTING

Friends of Faith Family gathered at Corsair Distillery for a holiday happy hour and distillery tour. Harry, the “Italian Cowboy” musician and patient at FFMC, spoke to the group about his experience at Faith Family. Finally, Harry along with board member, Raleigh Harwell and friend, Ryan Stackhouse, ended the evening with some great music.

Mark your calendars...

April 17th – Jackelope Brewery tour, tasting, and jam session (BYOI – bring your own instrument...totally optional!)

June 18th – Join Friends of Faith Family at a Sounds game. Faith Family Medical Center is the charity of the game!



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If you are interested in receiving our newsletter via email, please send your email to AHarper@faithmedical.org.



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Be a part of our professional network.

VOLUNTEER OPPORTUNITIES Contact Hontas Lowrance at (615) 649-3048 or HLowrance@faithmedical.org

WISH LIST Please help us reduce operating costs by donating children’s band aids, office supplies, and paper products. Contact Sheree Keith at (615) 341-0808 or skeith@faithmedical.org to arrange your donation.