

NEWS FROM THE CENTER

MAINTAIN, DON'T GAIN

We are practicing what we preach! We hosted an internal health competition to maintain our weight over the holidays. Congratulations Winners Beth Davis, Carolyn Williams, and Carly Prentice!



FANGTASTIC 5K

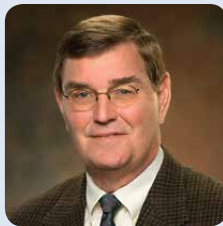
We walk the walk with our patients ... literally! Over 15 Faith Family patients and staff members had fun participating in the Predators 5k race on February 25th.

NASHVILLE Health

Faith Family Medical Center is an active partner with Nashville Health, an initiative by Senator Bill Frist to address the need for improving the overall health of our city. Faith Family's areas of focus with this initiative are focused around smoking cessation and hypertension control using an interdisciplinary model.

WELCOME ROBERT RAMSEY

We are happy to welcome Robert Ramsey to our Board of Directors. Robert is the Managing Director at Robert W. Baird & Co. Inc. We are thrilled to have this longtime friend of Faith Family around our table.



VISIT WWW.FAITHMEDICAL.ORG FOR MORE NEWS

MEET JOHN

John Sullivan grew up playing in the fields that are now the Grand Ole Opry and Opry Mills. He had his first hip surgery in the 1970s as a high school student. Doctors said he was far too young to have a hip replacement. He has battled hip problems ever since, but that didn't stop him from working hard in a physically demanding career. John is in the heat and air industry and he often works in the crawl spaces because he can lie down or crawl, relieving pressure from his painful hip.

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“Thanks to Faith Family and their network of resources, I’m at the beginning of a new, healthier phase of life. Operation Walk and Faith Family changed my life, and I know it will for others!”



Dr. Stuart Smith, John Sullivan and Dr. Parker Panovec

John is a long-time patient of Faith Family Medical Center, and we determined he was a clear candidate for hip replacement surgery.

Without access to Faith Family, he would have faced an expensive operation with additional therapy and equipment costs. Fortunately, Dr. Will Kurtz, a member of Faith Family Medical Center's Board of Directors, brought Operation Walk to Nashville for patients like John. Operation Walk is a program that acquires joint implant donations for uninsured patients. Dr. Kurtz and the Faith Family team brought together many resources to make his operation possible. Partners include Tennessee Orthopaedic Alliance, Elite Sports Medicine, Southern Joint Replacement Institute, Saint Thomas, TriStar Health, STAR Physical Therapy, and Hendersonville Church of Christ.

Before John could safely have his hip replaced, the surgeon discovered he needed extensive dental work. We referred him to Interfaith Dental Clinic, who performed the necessary dental work, enabling John to be ready for joint replacement surgery. John had his surgery in early February and is now on the road to recovery. We can't wait to see what is in store for this hardworking patient! Thanks to Operation Walk and our many partners, 10 other Faith Family patients like John have received joint replacement surgeries.



FAITH FAMILY MEDICAL CENTER

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Dr. Parker Panovec
Medical Director

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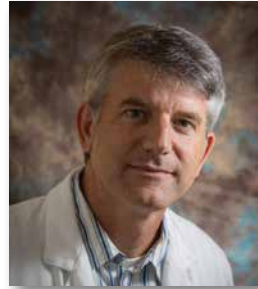
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DEAR FRIENDS



Just a few days ago, a young lady stopped by my office on the way to our Journey to Health program and said, "I've told my friends, this place saved my life." She went on to tell me how she received medical care in the clinic, mental health care with our psychiatric nurse, and that we saved her \$870 a month on medication she needs. After our chat, she went down the hall to have a nutrition consultation with our dietitian. Moments like these remind me how immensely blessed we are to work at Faith Family. We get to see God's work change lives every day.

We have seen multiple changes in our field as our leaders examine our country's access to quality, affordable healthcare, but one thing hasn't changed - Faith Family Medical Center. We cling to the confidence of our mission, and we do believe that Faith Family is a "good and perfect gift from above, coming down from the Father of the heavenly lights, who does not change" James 1:17. While policies change and move, we remain steadfast in our calling to care for the sick.

The rewarding work we do could not be accomplished without our generous network of supporters. You are part of the family at Faith Family Medical Center. We wish you all could see the smiles of patients who hear that we have found a surgeon willing to perform their surgery, see the relief in a patient's eye when a pharmacist tells them they can receive their medication for free, or hear the excited chatter of patients learning how to garden and cook healthy meals at home. You make this possible, and we thank you.

Spring is coming, and it is a beautiful time to stop by for a visit. The Wellness Garden will be blooming and our Senior Days will be in full swing. We invite you to come tour our clinic, the Wellness Garden, our classroom, and most of all, to meet our fabulous staff. We always leave the clinic with our spirits lifted, and we know you will too. Please call Laura at 615-649-3030 to set up your visit.

Thank you for your interest, your support, and partnership. Thank you for being a part of our family.

Gratefully,

Laura Hobson, President and CEO

Parker Panovec, MD, Medical Director

FAITH FAMILY MISSION

We seek to follow the commitment of people of faith to provide hope and medical care for the working uninsured and other underserved by meeting their physical, emotional and spiritual needs.

PLANNED GIVING:

FAITH FAMILY MEDICAL CENTER LEGACY SOCIETY

We encourage you to consider making a lasting impact for our patients through a planned gift or bequest. For more information on how to include Faith Family Medical Center in your estate planning, please contact Laura Hobson, President and CEO, at (615) 649-3030.

Birthday Breakfast

Faith Family friends gathered the morning of October 8, 2016, to reflect on successes of our 15 years, and share the vision for our future. Our keynote speaker, Dr. Rubel Shelly reminded us of Christ's heart for healing the sick, inspiring a deeper commitment to our patients. We honored Melba and Bill Blevins for their whole-hearted support of Faith Family, Willie K. and Barbara Davis for securing our donated clinic space, and Dr. Don Griffin for his exemplary patient care. Thank you Ann and Kirby Davis for chairing this amazing event. This special morning raised \$250,000 of support for our patients, the largest total to date! We want to thank our generous donors for setting the pace for 2017.

We hope you will join us **on October 18th at the 2017 Faith Family Breakfast!** We are pleased to announce Tom and Pam Wyllly will be chairing this event, and R.A. Dickey will be the keynote speaker. If you would like to attend, call us today at 615.649.3031.



Clay, Melba, Bill, and Brad Blevins



A packed house!



Dr. Rubel Shelly, Dr. Parker Panovec, and Mr. Durwood Blanks, patient.



Willie K, Barbara, and Kirby Davis



Charles and Kathy Caudill, Don Wiseman, Ann Davis*, Kay Wiseman, and Kirby Davis* *Event Chairs

LAUNCHING SENIOR DAYS

FFMC serves many seniors each year. These patients have higher health risks, larger preventative medical care costs, and physical barriers that prevent access to comprehensive healthcare. Thanks to the one-time Serving Tennessee's Seniors grant administered by The Community Foundation of Middle Tennessee, FFMC is one of 121 organizations statewide to expand their senior services.

FFMC was awarded \$82,000 to launch Senior Days - a new program to open doors, decrease costs, and provide care in one convenient day. During our six Senior Days this spring, we will provide 150 patients with screenings and procedures, free shingles vaccines, medication reconciliation, nutrition and wellness counseling, skin cancer screening, and mental health screening. In addition, our generous partners will provide mammograms and colonoscopies to these individuals. **Each patient will receive up to \$3,000 worth of services in one day.**



We want to thank our partners, Lipscomb University's College of Pharmacy, St. Thomas' Mobile Mammogram unit, Premier Radiology, Outpatient Diagnostic Center, and Heritage Medical Associates for working with us to provide these important services.



A PROGRAM OF
FAITH FAMILY MEDICAL CENTER

The Journey to Health program served more than 325 patients and their families in 2016. Patients participate in a class setting or attend individual sessions. The Director of this program, Beth Allen, is a registered dietitian and offers a wealth of knowledge to these patients. As we all know, preventative care saves lives and dollars. By participating in nutritional consultations, fitness classes, garden activities, stress management and 5K races, these individuals are learning vital information - which can be reinforced and passed along to their family and friends. Any

In 2016, we hosted 12 six-week Journey to Health programs.

patient with diabetes or hypertension is invited to participate in a specific day focused on their chronic disease where patients can receive all of their annual services in one day.

JOURNEY TO HEALTH

- 377 patients with 1517 encounters
- 144 nutrition consultations
- 113 dilated retinal exams
- 109 separate exercise encounters
- 19 gardening and cooking events
- 10 Chronic Disease Days



A translator and our on site dietitian chat with a patient and her daughter about making healthy choices.



Thanks HCA for coming out to help in the wellness garden!



Journey to Health had a team of 32 runners in the Viva la Diva 5k!

VOLUNTEER OPPORTUNITIES: Contact Ann Johnston at (615) 649-3048 or AJohnston@faithmedical.org

WISH LIST: Office supplies and paper products. Contact Sheree Keith at (615) 649-3034 or SKeith@faithmedical.org.

PREFER AN ELECTRONIC VERSION OF THE FAITH FAMILY NEWSLETTER? IF YES, PLEASE EMAIL ALICIA BELL AT ABELL@FAITHMEDICAL.ORG TO BE ADDED TO THE LIST



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